

BREAKFAST 7:30AM-10:30AM  
 LUNCH 10:45AM-3:00PM  
 LIMITED MENU AFTER 2:00PM



# C&J CATERING

*and events*  
 at The Capitol Restaurant

## WEEKLY SPECIALS

WEEK OF: **March 11<sup>th</sup>**

**MONDAY**

**Grill Breakfast:** Two Eggs any style served with Bacon or Sausage, Home fries and a Medium Coffee.....5.50

**Home Style:** Fried Chicken with Mashed Potatoes, Gravy, & Green Beans.....8.00

**Healthy:** Italian Grilled Chicken over a Mixed Garden Salad.....7.00

**Deli Creations:** Roast Beef & Cheese Sub with Chips & Medium Fountain Drink...8.00

**Pizzeria:** Margarita Pizza..... 3.50

**Grill Lunch:** 8oz Bacon Cheeseburger with French Fries.....8.00

**From the Kettle:** Chicken Noodle    Tomato Bisque (v)

**TUESDAY**

**Grill Breakfast:** Build your own Omelette served with Toast & Medium Coffee...5.95

**Home Style:** Taco Bar.....7.79    Add Guacamole .....1.50

**Deli Creations:** Turkey Mozzarella & Bacon on Wheat with Chips & Medium Fountain Drink.....8.00

**Pizzeria:** Bacon & Cheddar Cheese White Pizza.....3.50

**Grill Lunch:** Buffalo Chicken Sandwich served with French Fries....8.00

**From the Kettle:** Lemon Chicken Orzo    Cream of Spinach (v)

**WEDNESDAY**

**Grill Breakfast:** Blueberry Pancakes served with Bacon and a Medium Coffee...5.50

**Home Style:** General Tso's Chicken over White Rice and Stir Fried Vegetables..... 8.00

**Healthy:** Beef Enchiladas with Rice & Beans.....7.00

**Deli Creations:** Chicken Caesar Wrap with Chips & Medium Fountain Drink.....8.00

**Pizzeria:** Beef Taco Mac & Cheese Pasta Bake..... 6.49

**Grill Lunch:** 8oz Chili Cheeseburger served with Fries.....8.00

**From the Kettle:** Creamy Spanish Chicken & Rice    Garden Vegetable (v)

**THURSDAY**

**Grill Breakfast:** 2 Eggs any style Hash Browns & Toast and a Medium Coffee.....5.50

**Home Style:** Baked Potato Bar.....3.29    Additional Toppings.....0.69

**Healthy:** Caribbean Jerk Chicken Skewers with Pico De Gallo & Riced Cauliflower.....7.00

**Deli Creations:** Chipotle Turkey Wrap with Chips and a Medium Fountain Drink.....8.00

**Pizzeria:** Italian Stromboli..... 6.49

**Grill Lunch:** Tuna Salad Melt served with Fries.....8.00

**From the Kettle:** Buffalo Chicken Chowder    Mushroom & Rice (v)

**FRIDAY**

**Grill Breakfast:** Wheat French Toast with Bacon and a Medium Coffee.....5.50

**Home Style:** Chicken Fried Cod with Macaroni & Cheese and Stewed Tomatoes.....8.00

**Healthy:** Baked Caribbean Cod with Pineapple Rice and Steamed Vegetables.....7.00

**Deli Creations:** Chicken Salad on Croissant with Chips & Medium Fountain Drink.....8.00

**Pizzeria:** Turkey Pesto & Mozzarella Calzone..... 6.49

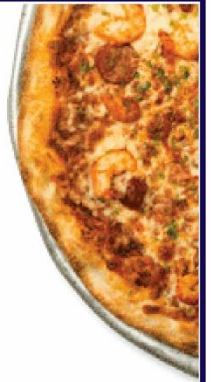
**Grill Lunch:** Cheeseburger Sub served with French Fries....8.00

**From the Kettle:** Seafood Bisque    Chef's Choice (v)

SELF SERVICE SALAD BAR  
 MONDAY through FRIDAY  
**\$0.49 per ounce**



## Pizza Specials



**EVERYDAY:** 2 Slices &  
 Medium Fountain Drink  
**5.99**

Overstuffed Stromboli  
**Thursday's 6.49 EA.**

Breakfast Pizza  
**Friday's 3.50 Slice**

Calzone **Friday's**  
**6.49 ea.**



Our mission is to provide a quality dining experience that exceeds customer expectations. Need a caterer for your upcoming event? Call **717.576.1610** to speak to an event consultant.